

## Ladies .....



Soup 'R' Supper Group  
Are you a female 18 or older?  
Do you enjoy dining out and great company? Then come join us for dinner!

Tuesday, July 16th we'll dine at  
the Olive Garden in Marion  
Car Pool from UBC at 5:30 p.m.

We celebrated Kathy Karraker's  
Birthday on the 20th.  
It's pretty apparent that she's a  
Cardinal's fan!

She would like to thank every-  
one for all the cards, gifts and  
well wishes so received that  
made her day so special!



# KEYS

## KEYS TACO BAR AND BINGO

Thursday, July 25th  
11:30 a.m. in the pink room

We'll stay inside where it will be nice  
and cool and enjoy lunch, socialize  
and play some bingo!

Join us for a fun filled afternoon!  
Sign up sheet on the KEYS Board.



# The Builder



NEWSLETTER OF THE UNIVERSITY BAPTIST CHURCH - JULY 1, 2024 VOL. 61, NO. 7



Life does provide some interesting and unpleasant happenings. My last one came about quickly and moved from diagnosis to surgery surprisingly quick. It began with some unusual tiredness and shortness of breath. I wore a watch for 30 days that supposedly checked my heart but it was inconclusive. My symptoms did not change so they ordered a chemical stress test. It indicated the left side of my heart was not getting enough oxygen. So, a heart catheterization was ordered with the anticipation of some stints that would solve the problems. When they discovered some blockages that could not be fixed by stints they recommended open heart surgery using some veins from my leg to use for the bypass. I met with a doctor at Barnes and he did the surgery in less than a week. All that happened within a couple weeks. After an eight-day stay in the hospital I came back home with home health care which has been fantastic with regular nurse visits and therapy twice a week.

I was expecting a rapid recovery but at my after-surgery follow-up with my surgeon I was told if I needed to I could drive after June 28. The problem is I could go somewhere but still could not do anything much after I got there because all the other restrictions about lifting, anything more than four pounds, bending over, etc., remain in place until July 28.

When I asked how long until I might feel normal I was told four months. I will soon be doing cardiac rehab which will be another step in the right direction. I also plan to return to preaching but may need to put off Bible study for a few more weeks. In the meantime please pray for my patience and growing strength.

Thanks for all the cards, food and prayers. And thanks to all who filled in the Sundays I have been gone. Together we shall overcome.

Pastor John

Rev. John Annable ~ Pastor  
Karen Zelten ~ Church Coordinator  
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[www.facebook.com/UBC.Carbondale](https://www.facebook.com/UBC.Carbondale)

"Our purpose at University Baptist Church is to show Christ's love to the local and global community through worship, fellowship & ministry."

## Sunday Morning Worship @ 10:45 a.m.

Lively but traditional! Join us in person or on facebook

[www.facebook.com/UBC.Carbondale](http://www.facebook.com/UBC.Carbondale)

### Sunday Morning Worship 10:45 a.m. service

July 7, 2024

Dick Cannon –Greeter  
Karen Zelten-Invocation & Scripture  
Mike Morgan - Sound  
Karen Zelten - Building Lock-up

July 14, 2024

Dick Cannon –Greeter  
Suzanne Corzine -Invocation & Scripture  
Mike Morgan - Sound  
Mike Morgan - Building Lock-up

July 21, 2024

Dick Cannon –Greeter  
Jessica Edmond -Invocation  
Amilia Estrada -Scripture  
Mike Morgan - Sound  
Dick Cannon- Building Lock-up

July 28 2024

Dick Cannon –Greeter  
Karen Zelten -Invocation & Scripture  
Mike Morgan - Sound  
Karen Zelten - Building Lock-up

Deacon on Call Is  
Harry Treece



Wednesday Night Bible Study  
continues to be on hiatus.

### Getting Involved....

It's time to help support the families in our community with school supplies. The annual *Bash* will be held on Saturday, August 3rd. We need to get supplies and monies to Hopewell by Monday July 15th so they have time to purchase and pack. As many remember, this was a community project started by UBC in 1996. We are happy to help support Hopewell Baptist as they continue to spearhead this mission!



### This Month at University Baptist

Monday, July 1st

Food Pantry/ Clothes Closet  
9:00 a.m. to 11:30 a.m.

Friday, July 5th

Food Pantry/ Clothes Closet  
9:00 a.m. to 11:30 a.m.

Monday, July 8th

Food Pantry/ Clothes Closet  
9:00 a.m. to 11:30 a.m.

Friday, July 12th

Food Pantry/ Clothes Closet  
9:00 a.m. to 11:30 a.m.

Monday, July 15th

Food Pantry/ Clothes Closet  
9:00 a.m. to 11:30 a.m.

Tuesday, July 16th

Soup 'r' Supper  
Dinner at Olive Garden @ 6:00 p.m.  
Car pool from UBC @ 5:30 p.m.

Friday, July 19th

Food Pantry/ Clothes Closet  
9:00 a.m. to 11:30 a.m..

Monday, July 22nd

Food Pantry/ Clothes Closet  
9:00 a.m. to 11:30 a.m.  
(Office will be closed)

Thursday, July 25th

KEYS Taco Bar & BINGO  
11:30 a.m. in the pink room

Friday, July 26th

Food Pantry/ Clothes Closet  
9:00 a.m. to 11:30 a.m.

Monday, July 29th

Food Pantry/ Clothes Closet  
9:00 a.m. to 11:30 a.m.

### Our Prayer List...

Pastor Annable, Larry Martin & family, Michael Zelten, Patricia Tucker, Bobby Edmond, Our shut ins, those with continuing health problems and our world.

### Interfaith Council...

Week of July 7th: Congregation Beth Jacob  
Week of July 14th: Dayemi Tariqat/For Kids' Sake  
Week of July 21st: Epiphany Lutheran Church  
Week of July 28th: First Christian Church  
(Disciples of Christ)

### Good Samaritan Ministries report....

For the fiscal year ending 6/30/23 the residential programs served 290 individuals for a total of 7044 nights stayed. The Transitional House Program served 38 persons for a total of 2,027 nights stayed. The Emergency Shelter served 252 person of 5,017 nights stayed. The Emergency Assistance program served 312 persons with rent or utilities. The Food Pantry (located at University Baptist Church) served 1,308 households including 7,502 individuals and 2,553 children. The Soup Kitchen serves meals three times per day to the residents of the shelter and to hungry persons from the community.

During these trying times, if you can donate, please do so. The donations received from the community make up a little over one-half of the budget. Donations are used as match funds for grants. You can donate by sending a check to Good Samaritan Ministries or to University Baptist with a notation for Good Sam.

Information provided by Patty Mullen,  
Executive Director of Good Samaritan Ministries

"A people of grace, living by faith, nurtured by love,  
anchored in the word."



# July



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Food Pantry & Clothes Closet 9:00 a.m. to 11:30 a.m.	2	3	4 	5 Food Pantry & Clothes Closet 9:00 a.m. to 11:30 a.m.	6
7 Worship 10:45 am	8 Food Pantry & Clothes Closet 9:00 a.m. to 11:30 a.m.	9	10	11	12 Food Pantry & Clothes Closet 9:00 a.m. to 11:30 a.m.	13 Kaye Kelly Birthday
14 Worship 10:45 am	15 Food Pantry & Clothes Closet 9:00 a.m. to 11:30 a.m.	16 Soup 'r' Supper dinner at Olive Garden in Marion Car Pool from UBC @ 5:30	17	18	19 Food Pantry & Clothes Closet 9:00 a.m. to 11:30 a.m.	20
21 Worship 10:45 am	22 Food Pantry & Clothes Closet 9:00 a.m. to 11:30 a.m.	23	24	25 KEYS Taco Bar & BINGO! 11:30 a.m.	26 Food Pantry & Clothes Closet 9:00 a.m. to 11:30 a.m.	27 Suzanne Corzine Birthday
28 Worship 10:45 am	29 Food Pantry & Clothes Closet 9:00 a.m. to 11:30 a.m.	30	31		Deacon on Call for the Month is Harry Treece	